



Bramcote C of E RSE and PHSE Curriculum



Intent:

At our Church of England Primary School, our PSHE and RSE curriculum aims to nurture the whole child—spiritually, morally, socially, and emotionally—so that every pupil can flourish as a unique and valued individual created in the image of God and that they may have ‘Life in all its Fullness’.

Rooted in our Christian vision and values, we aim to equip children with the knowledge, understanding, and skills they need to live healthy, safe, resilient and compassionate lives. It is our intent and our hope, that we prepare, encourage and inspire all children to take their place as a global citizen; to contribute to the wider community and to manage the demands of an ever-changing world.

Implementation: The RSE and PHSE curriculum in all year groups covers the following areas:

Families and Relationships, health and wellbeing, safety and the changing body, citizenship, economic wellbeing and preparing them for transition to the next class, key stage and/or school setting.

Creativity lies at the heart of our approach. We encourage pupils to explore ideas, express emotions, and respond to complex topics through discussion, drama and art. We recognise that creativity enables deep thinking and personal growth, fostering resilience and empathy as children make sense of themselves and their relationships with others.

Inclusion underpins everything we do; our RSE & PSHE lessons include a range of strategies to support and challenge every pupil such as scaffolding, multi-sensory approaches and collaborative peer learning. Our teaching recognises and celebrates diversity, ensuring all voices are heard and respected. We provide a safe and supportive learning environment where children of all backgrounds, beliefs, and abilities feel seen, valued, and understood. We promote equality and challenge stereotypes.

At Bramcote C of E Primary we also recognise that some children need, specific and specialised support. We have a dedicated ELSA room and trained ELSA staff member, who is able to time-table regular, typically for 6 weeks, with those identified as having need. This support is tailored to specific children and what works for them.

Impact: What we see in our pupils:

Our children are developing resilience and emotional intelligence (using tools like Zones of Regulation, and for FS2 and KS1 for Colour Monsters) to navigate challenges, express themselves confidently, and support their own and others' well-being, fostering a nurturing school environment rooted in Christian love. We see the positive accumulative impact, as pupils demonstrate empathy, respect for differences (faith, culture, gender), and actively contribute to a positive, inclusive community, embodying British Values and a 'love thy neighbour' ethos.

We enable our children to leave our school and the primary school setting as responsible, self-aware individuals, equipped with the knowledge for healthy lifestyles, online safety, and economic understanding, ready to make informed, positive choices as active citizens in a diverse world, confident and desiring of meaningful and valued contributions.

Spirituality:

Spirituality is woven throughout our PSHE and RSE curriculum. We aim to foster a sense of awe and wonder, self-reflection and a sense of purpose and identity. Children are supported to explore life's big questions, to develop an understanding of values such as love, forgiveness, respect, and responsibility, and to reflect on their own beliefs and those of others. Through reflection and prayer, pupils develop a sense of connectedness - to themselves, to others, and to God.

Through the Global Neighbours accreditation, we encourage pupils to recognise injustice, whether that's climate or poverty, and contribute positively to their communities to make a change for good as courageous advocates.

This balanced and reflective approach to PSHE and RSE, we prepare our pupils not only for the next stage of their education but for lifelong learning and living. We seek to help them live well together, showing integrity, compassion, and creativity as children of God in a diverse and hopeful world.