



Bramcote C of E PE Curriculum



Intent:

At Bramcote C of E our aim is to deliver a high-quality Physical Education curriculum that motivates all pupils to enjoy being active, develop physical competence, and build lifelong habits that support health and well-being. We are committed to creating an inclusive, engaging environment where every child can flourish.

Our PE curriculum is designed to:

- Develop pupils' physical literacy through a broad range of activities.
- Promote physical and mental well-being through regular, enjoyable activity.
- Build character through teamwork, respect, and perseverance.
- Encourage lifelong participation in sport and physical activity.
- Ensure all pupils can access and succeed in PE, regardless of ability or background.

Through our PE curriculum, Bramcote C of E aims to nurture confident, motivated, and physically literate pupils who understand the benefits of an active lifestyle and embrace physical activity as part of everyday life.

Implementation:

At Bramcote C of E, our PE curriculum is delivered through well-structured, progressive lessons that build physical skills, confidence, and positive attitudes toward activity. We implement our PE vision through high-quality teaching, inclusive practice, and strong links with wider initiatives and the local community.

High-Quality Teaching and Curriculum Delivery

- Teachers follow a sequenced curriculum that develops fundamental movement skills and broadens experience across dance, games, athletics, gymnastics, outdoor learning, and swimming.
- Lessons are active, engaging, and differentiated so all pupils can participate and make progress.
- Assessment is ongoing, focusing on physical competence, understanding of tactics and rules, and personal development.

Inclusion and Personalised Support

- Activities are adapted to ensure every child can succeed
- A focus on personal bests encourages motivation and self-belief for all learners.

Community Engagement and Partnerships

- Strong links with local sports clubs, coaches, and community organisations widen opportunities and promote lifelong participation.
- Pupils take part in inter- and intra-school competitions, festivals, and community events to build teamwork and pride.
- Families are encouraged to be active through newsletters, community challenges, sports days, and shared events with local clubs.

Enrichment and Extra-Curricular Provision

- A varied programme of after-school sports clubs provides additional opportunities to develop skills and discover new interests.

Through these approaches, Bramcote C of E ensures PE is active, inclusive, and connected to both whole-school initiatives and the wider community, fostering a love of movement that extends beyond the school.

Impact:

At Bramcote C of E our PE curriculum enables pupils to develop strong movement skills, improved fitness, and a positive attitude towards physical activity. Children show good progress in physical competence and in personal skills such as teamwork, resilience, and respect. Pupils participate actively in lessons, clubs, competitions, and community sports events, reflecting their enjoyment and growing confidence. By the end of primary school, they are physically literate, understand the value of an active lifestyle, and are well-prepared to continue engaging in sport and physical activity beyond school.

Spirituality

At Bramcote C of E spirituality in PE is developed through opportunities for pupils to reflect on their personal growth, recognise their strengths, and appreciate shared experiences. Through movement, teamwork, and challenge, children build self-awareness, confidence, and respect for themselves and others.

We encourage pupils to value effort, celebrate achievements, express themselves creatively, and understand the importance of caring for their bodies and well-being. Through these experiences, PE supports pupils in developing a sense of connection, purpose, and personal pride.